

PhysAgeNet & EGRAPA Conference 2024 - Evidence-based physical activity in old age



Donnerstag, 18. April 2024 - Freitag, 19. April 2024

Kaunas, Lithuania

Wissenschaftliches Programm

Assistive technology of PA in old age

Physical activity, brain, and cognition

Physical activity and chronic diseases in old age

Sport and fitness in old age

Physical activity and nutrition in old age

**Artificial intelligence for physical activity programs
in old age**

**Special programs of physical activity in old age:
Aqua-Therapy, Yoga, Pilates, Dance, etc.**